1. Introduce yourself:
   “Hello everyone, my name is __________________. My pronouns are ______/_____/______, and my favourite animal is a ______________.”

2. Think about:
   1 thing people can see about you: _________________________________
   1 thing people can’t see about you: _________________________________

3. How do you feel?
   I feel ______________________________, because ____________________
   __________________________________________________________________

4. What are some rules your culture has?
   ______________________________

5. What are some rules Canadian culture has?
   ______________________________

6. What happens when you break the rules? Discuss with a partner.

7. Facts in Canada:
   1. Many people have ____________________________ than you think they do.
   2. Many people have ____________________________ than you think they do.
   3. Anyone can get ________________ in Canada (any ____________, ____________,
      any __________________)
   4. Many people change their ________________ or their _________________, in their
      lifetime.
8. Copy the words for different partners and genders. *Remember: in Canada, it is not polite to talk about people’s bodies.*
GENDER VOCABULARY EXERCISE

trans (adjective) means “across”

transgender or trans woman:
a ________ that doctors thought was a ________ at birth.
   When Sophie was born, the doctors thought she was a ____________.
   She is a 24 year old _____________. Her pronouns are ____/_____/____.

transgender or trans man:
a ________ that doctors thought was a ____________ at birth.
   When Alex was born, the doctor thought he was a ____________.
   He is a 30 year old ________. His pronouns are ___/___/____.

cis (adjective) means “the same side”

cisgender, or cis woman:
a ________ that doctors thought was a ______________ at birth.
   When Catherine was born, the doctors thought she was a ____________.
   She is a 27 year old woman. Her pronouns are ___/___/____.

cisgender, or cis man:
a ________ that doctors thought was a ____________ at birth.
   When Ethan was born, the doctor thought he was a ____________.
   He is a 30 year old ________. His pronouns are ___/___/____.

non- (prefix): “not”   binary (adj.): “only two kinds”
non-binary (adj.): “not only two kinds”

non-binary person: not a __________ and not a ________________.
   Example: When Sunni was born, the doctor thought they were a boy.
   Sunni is a 41 year old ____________________________.
   Their pronouns are _______/_________/_________.

Non-binary and trans people are all over the ___________, in many
different countries, ____________, and traditions.
Discrimination

Discrimination is _______________ ________________ of someone because of their ______ ________, religion, ________, culture, ________, who they ________, language, or ____________.

Discrimination is ________________ in Canada.

Who is Protected?

Everyone in Canada is legally protected against these forms of personal discrimination:

1. Race or Culture

Every person of different _____ and _______ should be ________.

2. Religion

Every person is __________ to practice their __________.

3. Ability

Every person should be treated ________ if they have different abilities (disabilities).

4. Family & Relationships

Every person is allowed to marry any __________, have relationships with any ________, and have a family with children.

5. Language

Every person can _____ their own __________ without discrimination.

6. Gender

Every person’s gender should be respected as equal. This includes ____, ______, and ________ people.
### VOCABULARY

<table>
<thead>
<tr>
<th>Lesbian</th>
<th>Lesbian women are ___________ who love women. Non-binary people can also be lesbian.</th>
</tr>
</thead>
</table>
| Gay         | Gay men are men who love ___________.  
Gay women is the same as ___________ women. Non-binary people can also be ___________. |
| Bisexual    | People who love the ___________ gender as them, plus one or _______ genders. |
| Transgender (trans) | Transgender people have ___________ genders than doctors thought at birth. Some _______ people change their bodies, and some don’t. |
| Queer       | Queer is a word some people use to mean “not heterosexual”. Some people don’t like it, because it was a slur in history. |
| heterosexual/straight | Women who love ________, or men who love ____________. |

**gender words**
- cis
- trans
- non-binary
- man
- woman
- person

**relationship words**
- single
- partner
- spouse
- boyfriend/girlfriend
- husband/wife
- lesbian
- gay
- bisexual
- queer
- heterosexual/straight

LGBTQ+ Canadians
Talking to Everyone in Canada
Reading Practice

Circle the “gender” words. Underline the “relationship” words.

1. Amani & Rina
   Amani is an artist. She lives in Calgary with her girlfriend, Rina. Amani is a lesbian trans woman. Her pronouns are she/her/hers.

   Rina is also a lesbian trans woman. Her pronouns are she/her/hers. She is a car mechanic.

   Amani and Rina like to have fun with their friends, ride bicycles, and read together.

2. Sunesh & Alex
   Sunesh is a writer. He lives in Winnipeg with his partner, Alex. They have one dog named Frankie. Sunesh is a gay trans man. His pronouns are he/him/his.

   Alex is a gay cis man. His pronouns are he/him/his. He is a store manager.

   Sunesh and Alex like to go to the beach, skateboard, and go to nice restaurants.

3. Kasim
   Kasim is an accountant in Toronto. He broke up with his boyfriend last year. He is single. He has a dog named Noodle.

   Kasim is a cis bisexual man. His pronouns are he/him/his. He likes to play video games, run, and make dinner for his friends.
4. May & Hana
May is an English teacher. She lives in Vancouver with her spouse, Hana. They have one cat named Boo. May is a queer cis woman. Her pronouns are she/her/hers.

Hana is a queer non-binary person. Hana’s pronouns are they/them/their. They are a counsellor.

May and Hana like camping, dancing, and cooking.

5. Kamal & Ravina
Kamal is a bank teller. He lives in Regina with his wife, Ravina. They have two small dogs named Banana and Ted. Kamal is a straight trans man. His pronouns are he/him/his.

Ravina is a straight cis woman. Ravina’s pronouns are she/her/hers. She is a florist.

Kamal and Ravina like running marathons and watching funny TV.

Leah is a dancer. She lives in Halifax with her wife, Wei. They have two kids, Sol and Ruth. Leah is a bisexual trans woman. Her pronouns are she/her/hers.

Wei is a lesbian cis woman. Her pronouns are she/her/hers. She is a high school teacher.

Leah and Wei like to go to the park with their kids, watch movies, and play board games.
Now, write your own introduction:
I am a _________________________________.

I live in ___________________ with ________________
_______________________________________________.

I like to ____________________, ____________________, and _________________________________.

Bonus

1. What surprised you today?
   ___________________________________________
   ___________________________________________
   ___________________________________________

2. What are some new words you learned today?
   ___________________________________________
   ___________________________________________
   ___________________________________________

3. What is similar between Canada and your country of origin?
   ___________________________________________
   ___________________________________________
   ___________________________________________

4. What is different between Canada and your country of origin?
   ___________________________________________
   ___________________________________________
   ___________________________________________